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Creating Your Golf 2021 Mentality

Three Specific Mental Performance Webinars and Workshops

Feb 25: First Webinar & Workshop

Introduction to Self Awareness, Self
Control, and Building Identity



Mar 11: Second Webinar & Workshop

Developing Preparation Skills for Golf

Mar 25: Third Webinar & Workshop

Unavoidable Aspects of Golf in 2021



#ReadyToPlay

Competitive Will Performance Consulting in conjunction with the Maple Leaf Junior Tour is happy to announce our first set of webinars/workshops for 2021. Our first series “Creating Your Golf 2021 Mentality” looks to create a foundation of preparation and performance skills for this season.



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The program involves three virtual webinars/workshops. This setup entails conversation on the psychology of performance in golf and ultimately creating thought patterns as an individual performer. The workshops include an applied workbook that athletes will integrate into daily training environment during the course.

Each webinar begins at 7:30 pm MST and last for 40 minutes with subsequent activities between workshops. All webinars are record and registration will close after 70 participants.

Open to all MJT players on a first-come, first-serve basis. \$25 for all three webinars and athlete workbook provided.

Signup Here, Invoice will be Sent Prior to First Session

<https://www.surveymonkey.com/r/9KTYX3X>

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